



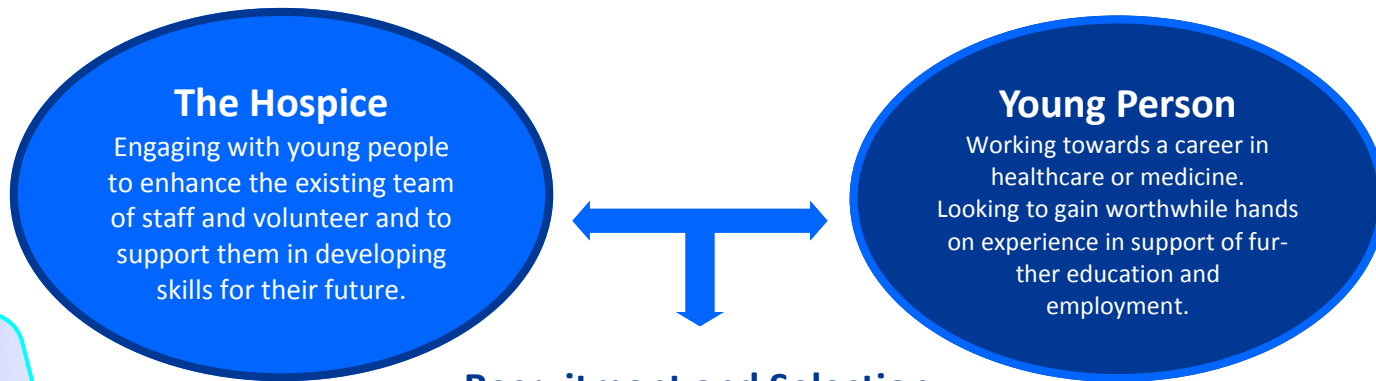
EDEN VALLEY HOSPICE

YVP

Young Volunteer Programme



Cumbria's Children's Hospice



Recruitment and Selection

Kitchen Placement

Patient Transport

Day Hospice

Retail/Reception/Fundraising

Adult Unit

Children's Unit



By working together through the Young Volunteer Programme we aim to develop long and purposeful relationships with young people in our local schools, colleges and communities. We hope that this will bring value to the individual students taking part whilst also supporting the services of the hospice.

Involving young people in supporting the health and care of others is proven to have positive benefits to patients, the community and young volunteers.



Megan Beattie, Young Volunteer

What do you do?

I am taking part in the young volunteers programme, I've done placements in the kitchen and on patient transport so far and have just started in Day Hospice. In day hospice I have been helping people, doing the activities with the patients, making cups of tea and even just chatting.

Why do you do it?

I like to get to know people and I am really broadening my knowledge. Everyone is so lovely and I am making friends as well as learning so much. Before coming I didn't realise there was so much to the hospice with Day Care, the Adult Unit, Jigsaw and everything else, so already I have a better understanding of it all.

What would you say to people who are thinking about volunteering?

It's really worthwhile, the hands on experience I am getting is really going to support me with university but also is giving me new skills. The programme is so good because it's not just focussed on one area, you get the full range of experiences throughout the hospice.

Criteria

- Working towards a career in healthcare or medicine
- Aged 17+
- Volunteer for one session weekly
- Commitment to complete the YVP

Benefits to the Hospice

- Young People engage with the hospice
- Staff and Volunteers sharing skill and knowledge
- Increase volunteer support in a number of areas
- Increase awareness for palliative care

Benefits to the Young Volunteer

- Experience and skills gained
- Whole hospice understanding
- References
- Letters of recommendation
- Certificate