

CHARITY SOUND HEALING GONG BATH
(ALL PROCEEDS TO JIGSAW CHILDREN'S HOSPICE)



DATE: TUESDAY 29 MARCH AT 6 -7 PM

**VENUE: THE YOGA ROOMS, 8 CHATSWORTH SQUARE,
CARLISLE**

Allow the amazing sounds and powerful vibrations produced by the gongs to wash over you.

Experience deep relaxation and a sense of wellbeing.

The gongs have the power to transform every part of your being - the physical, emotional, mental and even spiritual.

Simply lie back, close your eyes and experience the power of these magical instruments. Treat yourself to a tune up.

For further information about what to expect at the Gong Bath and to book a place please contact Jonathan Farnworth (Gong Practitioner and Angelic Reiki Master) on 07999 714343 or by e-mail at jpdfarnworth@btinternet.com

Limited to 10 spaces. Suggested donation £10.

Eden Valley Hospice



Cumbria's Children's Hospice