





# Pay for a Day of hospice care for children in your community







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# Give 24 hours of care, fun and love to life-limited children and young adults in Cumbria

### Every day a child spends at Jigsaw is a very special day.

Jigsaw is the children's hospice for Cumbria. From Workington to Appleby, Barrow-in-Furness to Carlisle, Jigsaw provides unique care and support to children and young adults with life limiting illnesses.

Our dedicated team of trained and highly skilled nurses, health care assistants and activity co-ordinators provide the individualised, complex nursing and therapeutic support each child and

young adult needs – giving them the chance to have the childhood experiences we would all want for our own children. Jigsaw's care is offered for free and without obligation.

Pay for a Day allows you to pay for the entire running costs of our children's hospice service – for a whole 24 hours. You can choose the day – and choose how to raise or donate the funds

Pay for a Day is a unique opportunity for every individual, family, company or organisation in Cumbria to make a real, immediate contribution to the care of the most vulnerable children in our community.





# "Jigsaw offers all the clinical care Fraser needs, but in a place that feels like home."

Fraser is the second oldest of our four children. He has Cerebral Palsy and needs life we cared for him on our own; didn't know there was a place we could turn to. Having Jigsaw in our lives has really given our whole family a chance for new experiences. Fraser now has somewhere he can go and enjoy himself. He doesn't like 'new' places but he's really grown to love Jigsaw.

For the rest of us, it's given us a few days each year where we can be together without having round-the-clock care. For the first 13 years of his to always consider Fraser's needs - because we know he's getting the best possible care. These days away, focusing on our other children, have been so vital to us – and we only have those times thanks to Jigsaw.

Craig, Fraser's dad

## "Jigsaw is where Cameron goes to have life."

Cameron's been coming to Jigsaw for more than 10 years now, it's like his second home. He needs constant one-to-one care, 24 hours a day. I know he'll get that at Jigsaw and I know that even if he's not feeling well they'll be able to care for him properly. It's so clear that the staff treat him as an individual and look to find the potential he has to achieve something new every time he goes.

I'm a single parent and Jigsaw have been a constant support for me as well. My older son moved to Australia and I thought I'd never be able to go over to see him. But Jigsaw stepped in; actually volunteered to look after Cameron for a whole week so I could see my other son. No-one else could have offered that to us. It's a precious, unique place for families like ours.

Nicola, Cameron's mum

# "We're sure Esmee would tell you she loved Jigsaw if she could"

Tim and Lorraine Brown

# There are many ways you can Pay for a Day of Jigsaw's care

There's no limit to the amount of time you need to raise the money – and equally no limit to the number of days' care you can choose to pay for. Our fundraising team will give you all the support and encouragement you need to make your fundraising enjoyable, successful and rewarding.

Once you have raised the money we will arrange your day for you. Each day is offered on a strictly first-come, first-served basis.

Your day will be incredibly special – for you and for the children and young adults whose care you will have paid for. Your day could be the day a child comes to Jigsaw for the first time, when they see their brightly decorated bedroom for the first time, experience the amazing multi-sensory room or go outside in our wheelchair-accessible garden.

Your day might be the day a child paints a picture for their parents for the first time, or bakes cupcakes as a surprise for their siblings. Your day might be the first day the parents have been able to have a break from caring, knowing their child is safe and in experienced hands.

Or, your day might be the last day a family will spend together; with the constant support of our nursing team.

Any day you choose to pay for will be a unique day where children and families will experience Jigsaw's unique care – and create memories that will last a lifetime.

- Make a donation
- Take part in our fundraising events or set up your own
- Give through your company
- Be part of a group that raises the money

# Your day could be their most precious day



# A typical day at Jigsaw children's hospice

Our care team take you through the type of day your support could provide



Our day shift staff arrive. After a much-needed coffee (for us!) there's we know exactly how each child has throughout the day is up to date.



And so, another day at Jigsaw begins..

### 8.00

the latest! Each child will usually need a special



## 9.00

Our activities coordinators arrive now and lots of games, both inside and out in firm favourite for everyone at Jigsaw.



12.00

Our 'day care' children arrive. Some we see

quite regularly and they can just jump right in with the activities we've set up. But, if

time to say hello properly, find out how

sure we're up to speed on their feeds and

and make sure they're introduced to all the

they've been since their last visit and make ••••

Lunchtime! Some children have to be fed directly via a tube, others can eat with help from us. But, whatever is needed, we make sure we all gather and share the meal together. Our staff and food for parents or family members too family house.



## 13.00

After lunch, if appropriate, some children will get ready to go out. However, a lot of the time children and young adults needs dictate what activities take place in to go out, we'll get the children dressed suitably for the weather and head off. the child and their care needs – guite often a trip out will need two nurses and a lot of specialist kit; it can be quite an expedition! We might go to the aquarium, or out to Bitts Park. Cinema trips are always popular, but even just popping into town for a hot chocolate can be a real treat.



Everyone will generally be back by now come together to share our meal and talk Parents start to arrive to pick up our 'day welcome to join us for dinner if they like Afterwards those not staying overnight will head home with their parents.



### 18.00

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We'll start to get the younger children ready for bed at this time and then settle down with a bedtime story, maybe watch a cartoon or relax by listening to some bedtime music on the iPad.



10.00

Depending on who's staying with us that night there may be some late feeds needed. For our older children and young adults we might have a movie night or a games night. We want Jigsaw to be a place where teenagers can be teenagers; where they can enjoy themselves, listen to their music, have fun with their friends.



team will handover to them, making sure the nurses know who's feeling well, who might need some extra attention that evening.

# 19.00

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Our night care team arrive and the day



## **Midnight**

We'll have closed down for the night by now, making sure everyone's in their PJs, safe and comfortable in bed. For \*•••• the most delicate children we'll use a monitor to keep a constant watch on their vital signs as they're sleeping. Temperature control can be difficult for some children, so we have a range of heaters and fans we can bring in to get it just right for everyone.

and monitor every child throughout the night. Some of the children we care for don't really have a 'day and night' routine, so there's usually someone needing our attention. Overnight is also a good, quiet time when we can get our admin done - and a good time to do the laundry and clean up when we've had a particularly messy day.

The nursing team will constantly check



# "I struggle to say how much Jigsaw have impacted my life because they've just turned things around for me. They're fabulous."

Even when I was little and well, I hated being away from home overnight – I've always been such a home bird. Since being poorly I hadn't spent a single night away from Mum because my medical conditions are so complex to manage. So, going to the hospice for the first time was quite a big thing for me. But, walking in, it just felt so warm, relaxed and homely. After I came back from my first night at Jigsaw, I knew we were going to get all the support that we had been needing from then on. Knowing that I can spend a night away feeling relaxed and safe is such a relief – it gives my mum and I a complete break.

Jigsaw changed the definition of 'hospice' for me – it's not about dying, it's about quality of life. My medical conditions are difficult to manage, the skilled nursing team at Jigsaw work with me so that I receive personal and quality care. The amazing thing about Jigsaw is that there is a brilliant balance between amazing care and some good belly laughs. We have made bakes that have gone disastrously wrong, had manicure sessions and gone on fun trips out. Jigsaw has enabled me to do so much; they've given me back some independence as a young person.

Hannah, 19

# "Caring for a disabled child can be hard, a bad day can feel like weeks."

We have two boys and now another little one on the way. Blake, our second child, is three years old and has severe brain damage caused by oxygen starvation at birth. Blake's care needs are demanding, which impacts any quality time with our older son. And we'll have a baby in the house soon too!

Jigsaw provides care for Blake so we can reboot, spend time as a couple, have quality time with our older son or just catch up with everyday tasks. Jigsaw gives Blake a safe, comfortable place to go where all of his care needs are met – and he loves it there! He's a little charmer with his curly hair and long eyelashes and the nurses give him so much attention and fuss.

When Blake's there, we know he's getting the care he needs. He stays overnight which gives me and my husband the opportunity to have an unbroken night's sleep. I know I can call anytime during the night to check on him if I want. It's incredibly reassuring.

Wendy, Blake's mum

# Three reasons why you should choose to Pay for a Day at Jigsaw

# 1. You'll be helping the only nursing team in Cumbria offering hospice care to children and young adults with life limiting illnesses

Jigsaw is the only resource available to most families in our county. Time and time again we meet parents who have had to cope with the unending care needs of their child by themselves. And time and time again we've seen the difference our care has made to the lives of everyone in the family. More than two thirds of our running costs come entirely from voluntary contributions – meaning that local families rely on people like you to fundraise for the care their children so desperately need.

# 2. Your day can be a celebration of a special day for you — or a day to honour the memory of someone special

Some people will choose to Pay for a Day as the way to celebrate a special event, perhaps a birthday or an anniversary. Others will want their day to be dedicated to the memory of someone no longer with us as a positive reminder of the love and joy they brought into the lives of their loved ones.

Organisations can choose an anniversary or another special day that is meaningful to staff or colleagues. But, whatever the reason for making your choice, you can be sure that paying for a day's care at Jigsaw is a magnificent way to make your day precious and unforgettable.

# 3. You can bring joy to local children and young adult's lives

The best reason we can think of to Pay for a Day at Jigsaw is the knowledge that the care provided on your day will bring happiness, laughter and love to some of the most deserving children and young adults in our community. We cannot save the lives of the children who come to us, but we can ensure that each day a child or young person spends at Jigsaw is as special as possible.

By paying for a day – you can be proud to know that you made that day the best day possible for children and young adults with life limiting illnesses.





# We'll celebrate your unique, special day with you

The day you pay for is going to be a wonderful day for both yourself and the children and families we care for during that time. If you are happy to make your support public, we would love to show our gratitude and celebrate your day in a variety of exciting ways.

# A special 'thank you' from Recognition online our nursing team

We will create a personalised, framed certificate celebrating your day and this will be proudly displayed at the hospice on your chosen day. Afterwards, we will deliver the certificate to you for you to keep as a reminder of your generosity.

# A permanent thank you at Jigsaw children's hospice

Your name, your organisation's name – or the name of the person you wish to dedicate your day to – will be inscribed in our Book of Days; a permanent record of all those who have chosen to support local life-limited children in this most special way.

We'd love to tell the whole of Cumbria about your amazing support. So, with your permission, we would like to tell people about your day on Facebook and across social media. We will also offer you a page on our website where you can write about your reasons for choosing to Pay for a Day and how you raised the money. You can use this space to say your own 'thank yous' to others who have been involved. We'll also offer you a reciprocal link to your own website, so your visitors can read about your day.

## A personal visit

The most powerful and heartfelt 'thank you' we can offer is to invite you to come in to Jigsaw and see for yourself the care you have paid for. Our staff would love to give you their personal thanks and we're positive the children would love to say hello too! As we're sure you'll appreciate, the nature of our care means that we can't always guarantee to host you on your chosen day but we'll always try to arrange your visit for an appropriate time.

# Why we chose to Pay for a Day

Vicki Todhunter is an Account Manager at Thomas Graham – a local company who produce steel and industrial supplies. Here she explains why her and her colleagues set themselves the challenge of fundraising to Pay for a Day at Jigsaw Children's Hospice.

"In 2017, we at Thomas Graham celebrated our 125th anniversary. To honor this special year, we wanted to give something back to the community that we work in. For the team based in Carlisle we came to the unanimous decision to support Jigsaw, Cumbria's Children's Hospice, because they provide a unique and absolutely necessary service for children and young people in our community.

We initially struggled to decide what to do to fundraise for Jigsaw – because we wanted it to be difficult enough that would inspire people to dig deep! That's why The Three Peaks Challenge felt perfect for us. When I first raised the idea with my colleagues, I thought only a few people would want to do it – but in the end, there were 24 of us who took part. Other staff helped to raise funds by car washing and cake baking.

The thought of the charity got us through the challenge of climbing the three highest peaks in England, Wales and Scotland – all within 24 hours. The weather conditions were quite tricky – but knowing that we were doing this for a great cause helped us finish even when we wanted to give up!

It was all worth it because as a team we raised enough money to be able to pay for not only one, but four days! We decided that we wanted all four days to be in December as Christmas is such a poignant time for children and their families – which must be especially true for a family with a child who has complex health needs.

I would like to encourage everyone reading this to support Jigsaw Children's Hospice by paying for a day of your choice. Children and young adults with life-limiting illnesses in Cumbria need care and support – and that means Jigsaw is indispensable. Without people in our community coming together to fundraise for them they wouldn't be able to provide the care that they do every day of the year!

Being able to pay for four full days of care costs at Jigsaw Children's Hospice has made us at Thomas Graham incredibly proud. It's such a special thing to know that we've given back to our community in such a definitive way."







# Pay for a Day

of hospice care for children in your community

Jigsaw Children's Hospice is ready to provide 24 hours of fun, love and care to local life-limited children and young people

## We just need you

We need to raise £2,126 care services for one the amount we as be delighted to organisation we'd love to

Call

Em





# Pay for a Day of hospice care for children in your community

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Jigsaw, Cumbria's Children's Hospice



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